Effective Time Management Skills Part <u>One</u>

Half Day Course Rating: \* \* \* \* \* 4.8/5

# Introduction

When we are efficient with our time, we get more done and improve the quality of our work. This results in a better work/life balance and improved wellbeing.

Hamilton Mercer's Methodologies<sup>™</sup> help people get organised, remain focused, boost productivity, optimise efficiency and meet important deadlines.

# **Learning Objectives**

Upon completing this course learners will be able to:

- Set achievable goals and pinpoint opportunities for optimising work schedules.
- Prioritise tasks based on their 'importance', 'urgency' and 'significance'.
- Manage a variety of 'planned' and 'unplanned' tasks.

# Audience

People of all experience levels and seniority that want to improve personal performance, wellbeing and work/life balance.

## **Return on Investment**

Performance outcomes include:

- Optimised productivity doing more work, achieving more personal goals.
- Faster working completing high-quality work more quickly.
- Delivering greater value spending more time on high-value tasks and projects.
- Improved wellbeing less stress, more control over workload.



**Course Content** 

## Module 1: Prioritisation Skills: High Value Working & Decision Making

#### Learning Outcomes

- Recognise the characteristics of Time Management Masters.
- Objectively prioritise tasks based on their importance, urgency and significance.
- Make quick decisions when changing priorities demand immediate attention.

#### **Methodologies**

- Time Management Masters Performance Model™
- Prioritising Workload Effectively: Eisenhower's Principle & Significance Principle

### Module 2: Planning & Structuring Your Working Day

#### Learning Outcomes

- Keep on top of workload, instead of constantly reacting / responding.
- Manage multiple projects simultaneously without feeling overwhelmed.
- Prioritise work with realistic estimates of time for completion.

#### **Methodologies**

- Establishing Time Block Categories
- Creating Effective To-Do Lists
- · Populating a Calendar with Time Blocks and Tasks
- Managing a Smart Schedule

## How to Book

Book Online https://hamiltonmercer.co.uk/theportmanestateacademy/

Email <u>r.mcnulty@hamiltonmercer.co.uk</u>

## Dates, Locations & Timings The Portman Estate Office

40 Portman Square, London W1H 6LT Wednesday 12<sup>th</sup> April 2023: 9.30am – 12.45pm Wednesday 13<sup>th</sup> September 2023: 9.30am – 12.45pm

Hamilton Mercer's training sessions are **Friendly, Highly Engaging and Humorous.** 



# This course is part of the **Customer**

Service and Personal Development Academy provided by Hamilton Mercer